



Georgetown Skating club

CanPower Newsletter

➔ Canpower and PreCanpower Coordinator: Nicole Hehn

September 2009

Email: info@georgetownskatingclub.ca

Website: www.georgetownskatingclub.ca

Welcome!

The Georgetown Skating Club Board of Directors and Coaches would like to extend a warm welcome to all new and returning skaters and their families. We look forward to a successful and fun 2009/2010 season.



Who Are We?

The Georgetown Skating Club is a non-profit community-based organization located in the Town of Halton Hills (Georgetown), Ontario. The club is sanctioned by Skate Canada and our professional coaches offer skating development to our members from learn-to-skate to competitive programs. Our skating programs are available from September through to March at our skating facility at the Mold-Masters SportsPlex.

How does the Program Run?

Here is the session breakdown, 4:00p-4:08p warm up, 4:08p-4:15p review fundamentals & skills, 4:15p-4:40p new skill instruction, 4:40p-4:48p conditioning games, 4:48p-4:50p cool down.

The first couple of lessons will be very busy organizing skaters into the appropriate levels, then everyone will settle into the routine of the season. After the session has finished the skaters will exit the ice at the doors at the end of the rink.



Be a Spectator

We would like to remind parents the the best location to watch your child's skating lesson is from the stands or the lobby. Parents at the boards are distracting to skaters and coaches.

Thank you.

Parent Supervision

Parents are required to stay at the Georgetown Skating Club during their child's skating lessons. At the beginning of the session the skaters will enter the ice at the entrance closest to the lobby. At the end of session skaters will exit the ice at the far end of the rink. Please use the change room to put on or take off skates rather than blocking the walk ways.



Safety & Equipment

Full hockey equipment is **mandatory** for all CanPower members. This includes a face guard, neck protector and mouth guard. Hockey gloves are required as these will add protection from injury if a blade comes in contact with the hand. Please be sure your skates are tied properly and don't forget your stick.

What do the groups mean?

The Skaters will be grouped by level and skating ability. Groups will be identified by Line numbers.

